

PEN® Background Resources

Below is a list of potential links to professional versions of information/websites providing credible information for topic overviews which can be added into PEN Backgrounds:

Topic overview Information

- Australia Department of Health <http://www.health.gov.au/>
- Department of Nutrition. Harvard School of Public Health (U.S.) <https://www.hsph.harvard.edu/nutritionsource/>
- eMedicine from Medscape <https://emedicine.medscape.com/>
- Health Canada <https://www.canada.ca/en/health-canada.html>
- Mayo Clinic for Medical Professionals <https://www.mayoclinic.org/medical-professionals>
- Medline Plus <https://medlineplus.gov/healthtopics.html>
- Merck Manual Professional Version <https://www.merckmanuals.com/professional>
- National Library of Medicine (U.S.) <https://www.nlm.nih.gov/>
- Public Health Agency of Canada <https://www.canada.ca/en/public-health.html>
- Canadian Best Practices Portal for Health Promotion and Chronic Disease Prevention <http://cbpp-pcpe.phac-aspc.gc.ca/>
- Stanford Health Library – Health Conditions <https://healthlibrary.stanford.edu/resources/bodysystems/>
- U.K. Department of Health and Social Care <https://www.gov.uk/government/organisations/department-of-health-and-social-care>
- Up To Date (full access requires subscription): <http://www.uptodate.com/index.asp>
- WebMD <https://www.webmd.com/default.htm>
- WHO: <https://www.who.int/>

Specific Information

- DRI Reports – National Academies Press (NAP) <https://www.nap.edu/HealthCanadaFoodandNutrition> <https://www.canada.ca/en/health-canada/services/food-nutrition.html> Canadian Nutrient File <https://www.canada.ca/en/health-canada/services/food-nutrition/healthy-eating/nutrient-data.html>
- Health Canada, Natural and Non-prescription Health Products Directorate <https://www.canada.ca/en/health-canada/services/drugs-health-products/natural-non-prescription.html>
- Canadian Food Inspection Agency <http://www.inspection.gc.ca>
- National Center for Complementary and Integrative Health <https://nccih.nih.gov/>
- USDA Food Composition Database <https://ndb.nal.usda.gov/ndb/>
- PEN International Guideline Collections https://www.pennutrition.com/international_guidelines_collection.aspx

Major Disease-related Association Websites

(PEN Web Links for others: search name, then Web Links in www.pennutrition.com):

- Cancer Web Links: <https://www.pennutrition.com/KnowledgePathway.aspx?kpid=4496&trid=19389&trcatid=26>
- Cardiovascular Disease Web Links: <https://www.pennutrition.com/KnowledgePathway.aspx?kpid=674&trid=22393&trcatid=26>
- Diabetes / Glucose Intolerance Web Links: <https://www.pennutrition.com/KnowledgePathway.aspx?kpid=1305&trid=21403&trcatid=26>

- Food Allergy Web Links:
<https://www.pennutrition.com/KnowledgePathway.aspx?kpid=1380&trid=2425&trcatid=26>
- Food and Nutrition Labelling Web Links:
<https://www.pennutrition.com/KnowledgePathway.aspx?kpid=1583&trid=22495&trcatid=26>
- Healthy Lifestyle Web Links:
<https://www.pennutrition.com/KnowledgePathway.aspx?kpid=3127&trid=26871&trcatid=26>
- Healthy Weights/Obesity
 - Pediatric Web Links:
<https://www.pennutrition.com/KnowledgePathway.aspx?kpid=8325&trid=19097&trcatid=26>
 - Adults Web Links:
<https://www.pennutrition.com/KnowledgePathway.aspx?kpid=803&trid=19231&trcatid=26>
- Nephrology Web Links:
<https://www.pennutrition.com/KnowledgePathway.aspx?kpid=7550&trid=21660&trcatid=26>

Grey Matters: A Practical Search Tool for Searching Health-related Grey Literature. Ottawa: CADTH; 2018 and Grey Matters Light. Ottawa: CADTH; 2015
<https://www.cadth.ca/resources/finding-evidence/grey-matters>